



**STRENGTHENING SENIOR  
COMMUNITIES ONE MEAL AT A TIME**

**CUSTOM SENIOR  
MEAL SOLUTIONS**

  
an elior company

# REAL SOLUTIONS

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Valley meals are:

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Chef-inspired



Dietitian-certified



Senior-approved

# MISSION STATEMENT

Our extraordinary team of professionals deliver innovative culinary experiences uniquely tailored for each customer and local community that we serve.

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Valley is a part of the Elior North America family of companies that utilize three ingredients for success: Culinary Innovation, Exemplary Service and Local Teams Supported by Global Resources to deliver innovative culinary experiences across a variety of segments. At Valley, we use these ingredients for success to bring nutritious meals to seniors.



**MEALS ON WHEELS**  
AMERICA

As a part of its ongoing commitment to improving the lives of seniors across the nation, Valley has partnered with Meals on Wheels America to bring nutritious meals to seniors.





# OUR VALUE

For more than 50 years, Valley has supported communities and seniors across the country with nutritious meals. Our teams make a difference in the lives of seniors with a friendly face, a warm smile and a compassionate heart.

We partner with clients to develop a solution that meets their specific needs, leveraging our three capabilities: menu development, meal production and logistics.

We can accommodate specialty diets and regional taste preferences with a wide variety of hot, chilled or frozen meals.

A partnership with Valley enables you to focus on operating your agency, while Valley manages the day-to-day operations of your meal program. Our experience and efficiencies enable us to deliver a more cost-effective solution.

**SMALL ENOUGH TO CARE . . . BIG  
ENOUGH TO MAKE A DIFFERENCE.**



# TEAM UP WITH VALLEY

Programs focused on

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Menu Development



Meal Production



Logistics

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Valley has a 97% client retention rate, which demonstrates our commitment to the clients and seniors we serve.

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# MENU DEVELOPMENT

Our menu development process results in a unique solution for each client. From the type of meals—hot, chilled or frozen—to each menu item, your menus will be created specifically for your program.

## REGISTERED DIETITIAN

Our registered dietitians lead the menu development process in partnership with you. They begin with an interview to understand your needs and create an initial menu that works within your budget. The work you do with your registered dietitian sets the stage for efficient meal production.



## CLIENT INVOLVEMENT

Client involvement is not a one-time event. Our clients are involved in menu development on a continuous basis. Our registered dietitians meet with you quarterly to ensure the menus continue to meet your needs.



## REGIONAL MENU PREFERENCES

Our team is committed to providing your seniors with meals they will savor. Therefore, all menus will embody the tastes, flavors and ingredients reflective of your region. You can look forward to tastings with our local teams as we introduce new menu items. Valley will source local ingredients whenever possible.



## NUTRITION

### CRITERIA

Ensuring seniors receive sound nutrition is a priority for our team. Our dietitians plan menus to align with all regulatory nutrition requirements and we provide you with the supporting documentation for your records.



## ENTREE

### VARIETY

Should you choose this option, your seniors will enjoy a choice of entrees at congregate dining sites. We will work with you to develop a menu with a variety of choices.



## SPECIAL DIET

### MEALS

Valley is able to align with special diet requirements, including Kosher meals, Diabetic-friendly meals and Renal-friendly meals.



## HOLIDAYS AND

### SPECIAL EVENTS

Holiday meals add fun and excitement to the lives of seniors. As an example, your seniors will enjoy items like Red, White and Blueberry Cake for July 4.



**VALLEY'S MENU  
DEVELOPMENT  
BENEFITS**

# MEAL PRODUCTION

Our production kitchens are filled with caring team members who play an important role in nourishing seniors. These team members are committed to providing each senior with a quality meal full of flavor and nutrition.

## TYPE OF MEALS

Valley offers hot, chilled or frozen meals.



## PROCUREMENT EFFICIENCIES

Procurement is the foundation for quality production. Procurement safeguards that your menu ingredients are good quality and available to meet production demands. Valley can meet guidelines for U.S. domestic-produced foods, should you require these parameters.



## PRODUCTION KITCHEN

Meal production can take place in your kitchen or a Valley-owned kitchen. It's your choice.



## MEAL PRODUCTION INCLUDES

### REGISTERED DIETITIAN

While leading the menu development process, our registered dietitians continuously collaborate with the meal production teams to ensure quality control as well as identify areas for improvement.



### KITCHEN LAYOUT

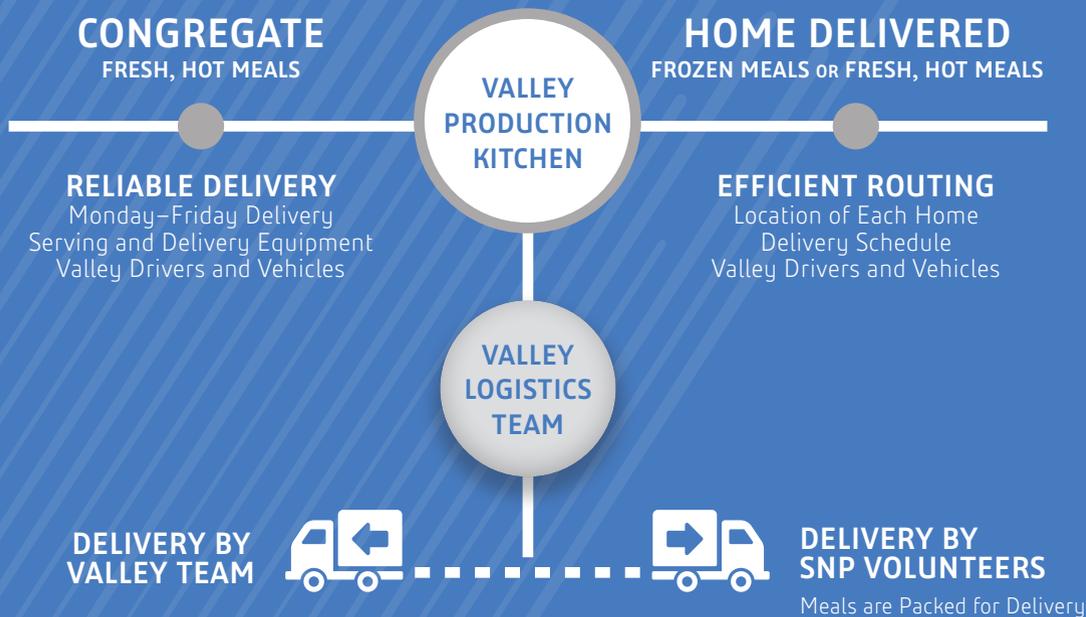
The blueprint of our kitchens is designed for operational efficiencies in production and delivery packing. Your program's kitchen will be strategically located to minimize delivery time to your agency's senior sites and homes.



### CHEF-INSPIRED MEALS

Our production staff prepares wholesome foods from our chef-inspired recipes. The culinary staff takes great pride in carefully preparing each item.





# LOGISTICS

Logistics is at the core of our custom solutions. When you team up with Valley, your logistic needs will operate with precision.

We are capable of delivering congregate meals to your senior sites and home-delivered meals to homebound seniors. If you choose, we can prepare the meals and package them for delivery by your staff or volunteers.

Our driver routing technology ensures efficiency. Valley’s operational teams monitor each vehicle location to guarantee timely and safe delivery of meals.

Our drivers positively impact the lives of seniors every day.



# A CULINARY COMPANY THAT WORKS FOR YOU

We partner with clients to develop a solution that meets their specific needs, leveraging our three capabilities: menu development, meal production and logistics.

A partnership with Valley enables you to focus on operating your agency, while Valley manages the day-to-day operations for your meal program. Our experience and efficiencies enable us to deliver a more cost-effective solution. Seniors will benefit from our chef-inspired, dietitian-certified and senior-approved meals.

# LET'S TALK YOUR MISSION

Valley will take the time to listen and understand your unique senior nutrition program. You have the commitment of our entire team to develop a custom meal solution that meets your mission and makes a difference in people's lives.

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**Let's talk.**  
**It's just a conversation.**





[www.valleyinc.com](http://www.valleyinc.com)