

— Welcome to —

Your Hospital

Our goal is to provide you with great tasting food and sound nutritional guidance. Each day, a service assistant will complete your meal order from the selections listed on this menu. To ensure your safety, menu selections are taken after your physician orders your diet prescription. If you have any questions or need additional assistance call extension 4929.

Breakfast Menu

Traditional Entrees



THE TRADITIONAL

Scrambled Eggs, Bacon or Sausage

HOMEMADE OMELET

Ham and Cheese or Garden Vegetable

BREAKFAST TACO

with Bacon or Sausage and Cheese

BREAKFAST SANDWICH

English Muffin with Sausage or Ham

FLUFFY PANCAKES

Choice of Bacon or Sausage

FRENCH TOAST

Choice of Bacon or Sausage



LIGHTER ENTRÉES



YOGURT AND GRANOLA PARFAIT

Strawberry or Vanilla Yogurt

MUFFIN AND SEASONAL FRESH FRUIT

FRUIT SMOOTHIES

Strawberry, Banana, or Triple Berry

Breakfast Breads



WHEAT TOAST

ENGLISH MUFFIN

BISCUIT

BAGEL

Cereal Selections



GRITS

OATMEAL

ASSORTED CEREAL

Beverages



COFFEE Regular or Decaf

TEA Regular or Decaf

JUICE Apple, Cranberry Grape, Orange or Prune

MILK Skim, Low-fat, Chocolate or Soy

SOFT DRINKS Regular or Diet

CRYSTAL LIGHT LEMONADE

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Lunch & Dinner Menu

Daily featured meal



MONDAY

Balsamic Glazed Chicken, Roasted Potatoes and Sautéed Green Beans

TUESDAY

Pork Tenderloin with Au Jus, Orzo Florentine and Grilled Squash

WEDNESDAY

Meatloaf, Mashed Red Skin Potatoes and Honey Glazed Carrots

THURSDAY

Turkey Sandwich with Bacon and Avocado, Garden Rotini Pasta Salad and Seasonal Fruit Cup

FRIDAY

Grilled Salmon, Wild Rice Pilaf and Sautéed Kale with Mushrooms

SATURDAY

Old Fashioned Patty Melt with Lettuce, Tomato and Onion, and Baked Sweet Potato Fries

SUNDAY

BBQ Beef Brisket, Macaroni and Cheese and Cole Slaw

— White or wheat Dinner Roll Upon Request—

Desserts



Ask your service assistant which sweet treats we are serving today!

ENTRÉE SELECTIONS



BAKED HERBED CHICKEN BREAST

CHICKEN OR STEAK QUESADILLA

GRILLED HAMBURGER OR CHEESEBURGER

CHICKEN BACON RANCH FLATBREAD PIZZA

Sides

Baked Potato

French Fries

Sweet Potato Fries

Green Beans

Broccoli

Honey Buttered Carrots

Black Beans

Sautéed Corn

Garden or Caesar Salad

MEATLESS ENTRÉES



MUSHROOM AND SPINACH QUESADILLA

SIGNATURE MACARONI AND CHEESE

THREE CHEESE GRILLED CHEESE SANDWICH

COTTAGE CHEESE AND FRUIT PLATE

ENTRÉE SALADS



SHRIMP COBB SALAD

SALAD TRIO

Chicken Salad, Pasta Salad and Fresh Seasonal Fruit

- Entrees, Salads and Sides are Always Available -

